







20 Allen St, Burlington VT  
802-862-2121  
www.thefamilyroomvt.org




# Family Room

**JUNE 2019**

Mon	Tues	Wed	Thu	Fri
3 Preschool 8:15-12  Crawlers Waddlers Toddlers 10:30-12:30	4 Strong Families 9-12  Fathers And Children Together 4-7	5 Preschool 8:15-12 Early Months 11-12 Postpartum Support Group 12	6 Family Play Garden  9-1 <i>Nature/Garden Workshop</i>	7 Preschool <b>GRADUATION</b> 10-12
10 Crawlers Waddlers Toddlers 10:30-12:30	11 ELL Childcare  Fathers And Children Together 4-7	12 Early Months 11-12  Parent Massage 12	13 Family Play Garden  9-1 <i>Nature/Garden Workshop</i>	14
17 Crawlers Waddlers Toddlers 10:30-12:30	18 Family Play Garden  9-1  Fathers And Children Together 4-7	19 Early Months 11-12  Postpartum Support Group 12	20 Family Play Garden  9-1 <i>Nature/Garden Workshop</i>	21
24  <b>FAMILY ROOM CLOSED *</b>	25  <b>FAMILY ROOM CLOSED *</b>	26  <b>FAMILY ROOM CLOSED *</b>	27  <b>FAMILY ROOM CLOSED *</b>	28  <b>FAMILY ROOM CLOSED *</b>

**\* Family Room will be CLOSED from June 24- July 1st and from July 3-5th for staff trainings and building construction.**

1  <b>FAMILY ROOM CLOSED *</b>	2 Family Play Garden  9-1  Fathers And Children Together 4-7	3  <b>FAMILY ROOM CLOSED *</b>	4  <b>FAMILY ROOM CLOSED *</b>	5  <b>FAMILY ROOM CLOSED *</b>
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## **DROP-IN PROGRAMS**

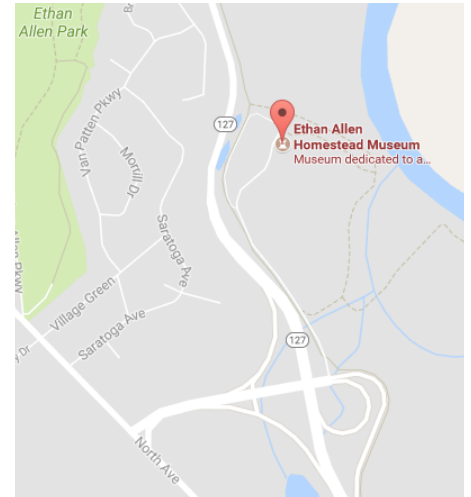
**CRAWLERS, WADDLERS and TODDLERS** Open play group for parents and early tots. Learn about development stages, share with other parents, play, move, sing and have fun! See Sarah for more info.

**FATHERS AND CHILDREN TOGETHER** Tuesday evening fun for dads and kids up to first grade! Enjoy food, activities and discussions with other dads. See Josh for more info

**EARLY MONTHS** A group for mothers and their babies during the first few months after birth. Learn baby massage, sing lullabies, share calming techniques and other useful info. Join Postpartum Adjustment Support Group and programs with WIC - see calendar for schedules.

**FAMILY PLAY** Open play group on Thursdays with activities for parents and children ages birth to Kindergarten! Learn more about your child's development, baby signs, and self-care for parents! Take ELL classes or participate in parenting and wellness workshops, and take home produce giveaways.

Family Play will be at the garden located at 1 Ethan Allen Homestead, Burlington on Thursdays and from June 18, we will be going to the garden twice a week on both Tuesdays and Thursdays. A bus will pick up families from the Family Room at 20 Allen St. to go the garden and return to the Family Room by 1 pm. Families are welcome to bring older children to this program when we are at the garden; please no older children at programs held at the Family Room space. The program will be indoors at the Family Room location in case of uncertain weather, please call us at 802-862-2121 to check.



## **ENROLLED PROGRAMS**

**PRESCHOOL** A preschool program for 3-5 year olds- children must be enrolled in this program to attend. See Jackie for more info.

**STRONG FAMILIES** Learn to build a close relationship with your child, share parenting challenges and joys, talk about self-care and wellness, and get to know new families. A Child's program is offered at the same time. See Sarah/Chong Ho for more info.



**We will be going to the Garden at Ethan Allen Homestead on TUESDAYS also starting June 18. Please look for 🚌 to see the days we are going to the garden**



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The Family Room is located in ONE Community Center at 20 Allen St. in Burlington. All programs are offered at no cost to families. These services are available to all eligible persons, regardless of race, age, disability or religion.